



EBP Corner

Special points of interest:

- Evidence Based Principles in DYC
- Principle 7: Measure Relevant Processes and Practices
- Proving the Processes and Practices Work
- Examples of Measuring Relevant Processes/Practices in DYC

Evidence Based Principles in DYC

The 8 Evidence-Based Principles serve as a guiding model for providing services and interventions. This model is both integrated and strategic, with the understanding that achieving positive outcomes relies on a combination of evidence-based or research-based information, current practice, and the needs and characteristics of the client (youth). Incorporating these elements requires a need for ongoing assessment, evaluation, and measurement to ensure that the services and interventions applied are effective in reducing recidivism.

Identifying services and interventions with validated research support and aligning necessary organizational practices and structure are necessary to promote long-term positive outcomes for youth and for public safety.

Correctional and juvenile justice systems continue to strive toward identifying effective services and interventions by being committed to measuring outcomes. This process must include the ability to assess and monitor progress toward implementation and integration of evidence-based practices using quantifiable data.

National Institute of Corrections. (2004). Implementing evidence-based practices in community corrections: The principles of effective intervention. Washington, D.C.: U.S. Department of Justice, Crime and Justice Institute.

Principle 7: Measure Relevant Practices/Processes

Accurate and detailed documentation of case information, along with providing a formal and valid method to measure outcomes, are the foundation of evidence-based practices.

Routine assessment of changes in individual behavior, cognitive, and skill development is a necessary component in order

to measure youth progress.

Staff performance is another element of providing effective services. Periodic evaluation of staff performance results in greater fidelity and integrity to program design and practice integration. In addition, this reinforces DYC's strategy of quality, trained staff. Without routine assessment and evaluation, staff become less cohesive as a team and engage less with youth and facility activities.



Colorado Division of Youth Corrections

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Communities to Achieve Justice*

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Important Questions to Remember about Measuring Relevant Processes/Practices

What data do we collect regarding individual youth assessment?

What data do we collect regarding individual youth case management?

How do we measure incremental behavior change while youth are under our supervision?

What are the outcome measures for the organization, facility, or agency?

How do we track our identified outcome measures?

How do we measure staff performance?

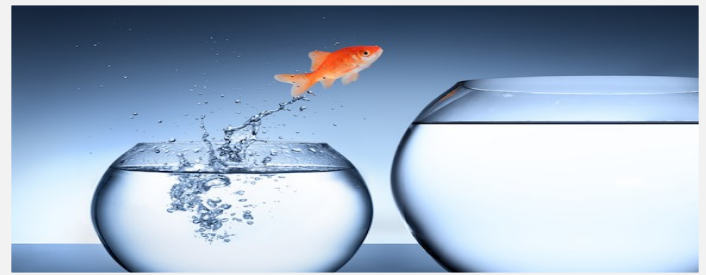
Proving the Processes and Practices Work

Appropriate measurement includes accurate and detailed information related to case plans or treatment plans, case management, and supervision strategies.

In order to provide better and more effective services, it is necessary to have the “right” information.

Measurement includes monitoring youth and family changes in risk and need, as well as overall program progress. For example, reassessing risk areas (CJRA), and evaluating treatment planning processes through MDT evaluations.

Measurement includes both data *collection* and data *evaluation*.



Examples of Measuring Relevant Processes/Practices in DYC

Colorado Juvenile Risk Assessment (CJRA) reassessments

SAB/VV reassessments

Contact and group hours

Facility monthly reports

CStat measures and action items

Review of incidents—including PBIS data

Monthly Key Performance Indicators (KPI's)

Youth and family surveys

Staff surveys

Facility team meetings—administrative, clinical, staff

Quality Assurance/Quality Improvement processes



Questions about EBP?

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